

Newsletter

SOUTH GRAFTON HIGH SCHOOL

Term 4, Week 9, 2019

From the Principal's Desk

Thank You

As we make our way to the end of another very successful term, I would like to thank the parents and extended families who care for our students, the staff who encourage and support our students every day and the students themselves who do their best to be respectful, responsible learners every day. We have an amazing school community and our students are thriving as a result. I am looking forward to welcoming the new Year 7 students in 2020 and seeing SGHS grow from strength to strength. Thank you all for your support.

End of Year Presentations

This week I had the pleasure of attending three events at which the achievements of our students were celebrated. The Presentation Day Assembly showcased the academic success of our students, the STAR Awards recognised students whose literacy skills and NAPLAN results have improved, and the Principal's Tea Party celebrated the outstanding attendance (98% or more) of our students. It was lovely to share these celebrations with so many families, and I know that the students also appreciated the support.

Self-Care

The holiday season can seem somewhat overwhelming. However, it is important that as parents and carers, we take some time to look after ourselves. If you have ever flown on an aeroplane, you will be familiar with the words; "in the event of a loss in cabin pressure, secure your own oxygen mask first, before helping others". If you don't, the lack of oxygen in the cabin will render you useless and you will be unable to help anyone. So, over the next few weeks I would encourage everyone to do something that makes them happy. Take some time to care for yourself, so that you can take care of others and return safely in 2020.

Presentation Day

The annual SGHS Presentation Day was held on Tuesday and was a great success. The event included the presentation of a variety of Special Awards, Academic Awards and the Principal's Award for Excellence in each year group. We also showcased our talented Combined Dance Ensemble, Aboriginal Dance Ensemble and the Southside Singers. Well done to all the award recipients and thank you to the staff and sponsors who made the event a success.



HSC & ATAR BBQ

We invite the 2019 HSC graduates to a BBQ breakfast 8.00 am on Tuesday 17th December in the quad. This will be a great opportunity to catch up with teachers and peers, and to share your results. Mr McKee will be cooking for you!

Tyson Street, South Grafton, NSW 2460
e sthgraffton-h.school@det.nsw.edu.au
p 02 6642 1466 f 02 6643 2027
m 0404 260 328
www.sthgraffton-h.schools.nsw.gov.au



Diary Dates

Monday 16 December

- Year End Activities

Tuesday 17 December

- Year End Activities

Wednesday 18 December

- Last day of school for students

Monday 27 January 2020

- Australia Day holiday

Tuesday 28 January 2020

- Staff Development Day

Wednesday 29 January 2020

- Years 7/11/12 students return to school

Thursday 30 January 2020

- Years 8/9/10 students return to school

Tuesday 4 February 2020

- Swimming Carnival

STAR Presentation

On Wednesday this week, SGHS held its end of year STAR Presentation & Celebration. More than 50 students and their families came along for the award presentation and morning tea.

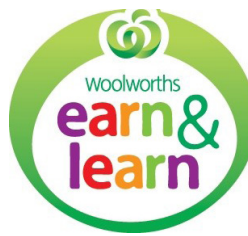
STAR stands for Support, Tutoring and Reading. STAR supports over 100 students in a variety of ways across the whole school including helping students improve their literacy skills through our reading program and helping them to complete hundreds of assessment tasks throughout the year. In our MultiLit program, we had approximately 50 students participating. In NAPLAN this year we have STAR students who have achieved first in grammar and punctuation growth and first in spelling growth. Also, top five in reading, writing, grammar and spelling growth and top 10 in spelling and numeracy growth.

Learning and support teachers would like to thank Ms Pizarro and Mrs Dewberry for presenting the awards and cutting the cake. Ms Pizarro's speech was particularly thought-provoking and inspiring, emphasising the importance of reading. Special thanks to Sarah Butterworth and Kieran Jeffs for being our MCs and Tayarna Webb-Donovan for giving the Acknowledgement of Country. Mrs Wood and the Accelerated Hospitality class kindly offered to make the huge STAR cake, Keanu entertained us with his music and also thanks the canteen for so efficiently organising the catering.

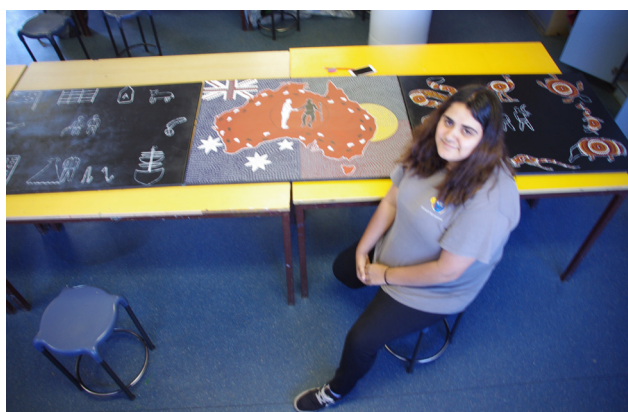


Earn and Learn

Students in STAR are enjoying their new puzzles and games that were purchased with the Woolworths Earn & Learn Vouchers. Thank you from SLSOs and Learning and Support teachers



HSC Visual Arts Exhibition



HSC Exhibition

at your library this Summer

This special exhibition is presented by Grafton Library and Grafton Community of Schools (GCoS)

From 11 Dec 2019 to 8 Feb 2020
at [Grafton Library Exhibition Space](#)

Featuring the works of selected HSC Visual Arts students from South Grafton, Grafton and Maclean High Schools

The HSC Body of Work is the culmination of a two year course and a full year of intensive investigation. Students select a subject and develop a set of art works based on their own findings and personal connections to the topic. The resulting art works are an expression of each person's passions, developed art making strengths and personal energies.

Special Opening
Thurs 12th Dec
5-6pm
All welcome



Positive Behaviour for Learning (PBL) Matrix

The PBL expectations for SGHG have been modified to only three expectations- Take Responsibility, Show Respect and Personal Best. Please discuss with your children how we can all strive to meet these expectation over the coming year.”

South Grafton High School PBL Matrix

	All Settings	Playground	Moving around the school
TAKE RESPONSIBILITY	<input type="checkbox"/> Wear the correct school uniform <input type="checkbox"/> Be in the right place at all times <input type="checkbox"/> Follow instructions <input type="checkbox"/> Keep a clean and tidy environment <input type="checkbox"/> Stay calm and accept consequences	<input type="checkbox"/> Follow directions of staff <input type="checkbox"/> Use the toilet during recess and lunch <input type="checkbox"/> Stay in bounds <input type="checkbox"/> Use the bins for litter	<input type="checkbox"/> Follow directions of staff <input type="checkbox"/> Use the toilet during recess and lunch <input type="checkbox"/> Line up ready for your class <input type="checkbox"/> Be in the right place at the right time <input type="checkbox"/> Stay to the left
SHOW RESPECT	<input type="checkbox"/> Use appropriate language and tone <input type="checkbox"/> Be considerate of others <input type="checkbox"/> Listen to others <input type="checkbox"/> Hands off	<input type="checkbox"/> Use school language <input type="checkbox"/> Respect your own and others' property <input type="checkbox"/> Show tolerance <input type="checkbox"/> Hands off	<input type="checkbox"/> Speak politely to and about others <input type="checkbox"/> Respect each others personal space <input type="checkbox"/> Hands off
PERSONAL BEST	<input type="checkbox"/> Take pride in what you do <input type="checkbox"/> Be ready to learn <input type="checkbox"/> Encourage others <input type="checkbox"/> Move sensibly	<input type="checkbox"/> Keep your area clean and tidy <input type="checkbox"/> Move to class when the bell rings <input type="checkbox"/> Include and encourage others <input type="checkbox"/> Play safely	<input type="checkbox"/> Be prepared for class <input type="checkbox"/> Move to class when the first bell rings

	Classroom	To and from School	Excursions/Sport
TAKE RESPONSIBILITY	<input type="checkbox"/> Arrive on time <input type="checkbox"/> Be prepared and on task <input type="checkbox"/> Digital devices off <input type="checkbox"/> Food away <input type="checkbox"/> Bags in the right place <input type="checkbox"/> Follow instructions	<input type="checkbox"/> Be on time <input type="checkbox"/> Look out for others <input type="checkbox"/> Once in, stay in <input type="checkbox"/> Be road safe <input type="checkbox"/> Travel safely	<input type="checkbox"/> Notes and fees in on time <input type="checkbox"/> Dress appropriately – hat, clothes and footwear <input type="checkbox"/> Follow teachers' directions and requests
SHOW RESPECT	<input type="checkbox"/> Follow teachers' instructions <input type="checkbox"/> Let others learn <input type="checkbox"/> Look after the classroom <input type="checkbox"/> Take off hats <input type="checkbox"/> Digital devices off/ food away	<input type="checkbox"/> Care for myself, others, property and the environment <input type="checkbox"/> Listen and follow bus driver instructions <input type="checkbox"/> Use your manners and respectful language to all	<input type="checkbox"/> Be proud of SGHS <input type="checkbox"/> Respect your own and others property <input type="checkbox"/> Behave lawfully
PERSONAL BEST	<input type="checkbox"/> Challenge yourself <input type="checkbox"/> Have a go <input type="checkbox"/> Be proud of what you do <input type="checkbox"/> 4 on the floor	<input type="checkbox"/> Set a good example for SGHS <input type="checkbox"/> Be proud of SGHS	<input type="checkbox"/> Watch out for your mates <input type="checkbox"/> Demonstrate sportsmanship at all times <input type="checkbox"/> Accept the referee/umpire's decisions <input type="checkbox"/> Complete set tasks <input type="checkbox"/> Slip, slop, slap, wrap and slurp

No Parking Zone

Please be mindful that the area in front of the hall is a bus zone between 8.00 - 9.00 am and 3.00 - 4.00 pm on school days.

Council staff have been patrolling this area of late and a number of parents have incurred a \$344 fine. Please also note that the area between the bus zone and the front of the school is a no standing area and could also incur a fine.



Fire and Rescue



Tom Lavery took part in the Fire and Rescue Work Experience Program in Orchard Hills Sydney, a couple of weeks ago. Over the week he participated in a variety of activities such as the use of breathing apparatus, hydraulic tools and safety. Tom also experienced putting out real fires and participated in rescue simulations. Tom visited other Fire Stations in Sydney and visited the Museum of Fire. Tom really enjoyed the experience and learnt many valuable skills.

Nymboida Presentation

Mrs Pachos, our Year 7 Year Advisor for 2020, presented the Nymboida Primary School scholarship winner at their Presentation Day on Tuesday



Presentation Day Photos



Businesses We Love!

**NO LOCK-IN
CONTRACTS
EVER!**

jetts
24 hour fitness

*Terms and conditions apply and are available at jetts.com.au

 **Bendigo Bank**

Good for
AND your
community

BUNNINGS
warehouse

**FIVE MILE
SMASH REPAIRS**



- ✓ Spray Painting
- ✓ Paintless Dent Removal
- ✓ Plastic Welding
- ✓ Light Mechanical Work
- ✓ Courtesy Car (conditions apply)

325 Armidale Road South Grafton
P 02 6642 3366 E smashmail@bigpond.com

**SUPPORTING
THE LOCAL
COMMUNITY**

Valley
**SIGNS
AND PRINTING**

**37 Bent St. South Grafton
6643 3767**

SCHOOL LEAVER EMPLOYMENT SUPPORTS

Finishing School? Looking for new experiences, skills & work?

The CHESS Connect School Leaver Employment Supports (SLES) helps Year 12 School leavers in the Coffs Harbour area who are NDIS eligible gain the skills needed to transition into employment.

- Identifying Key Skills & Goals
- Building Capacity & Life Skills for Independence
- Job Readiness Skills
- Vocational Assessment
- Work Experience & Placement

Finishing school before year 12? Our Find a Job, Keep a Job service can help you!

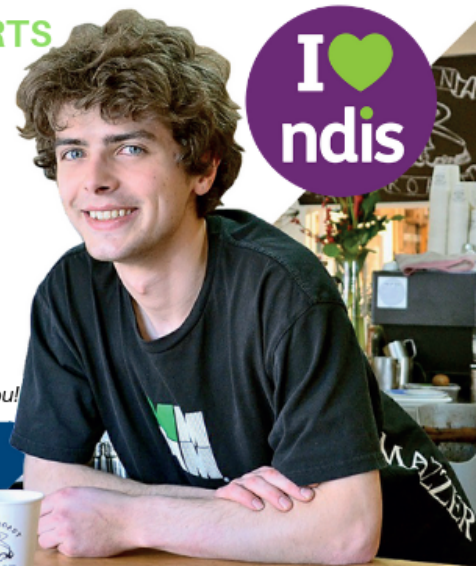
Local to the Clarence Valley region

CHESS Connect

1800 899 017

www.chessconnect.org.au

 **CHESS
CONNECT**



Please support those businesses that support our school
If your business would like to support our school give us a call on 0266421466

Community Notice Board



Have you been affected by a natural disaster?

Damage to property caused by natural disasters can affect anyone and often catch us unprepared. It can be very disruptive as people rush to have urgent repairs carried out. NSW Fair Trading and other service providers can assist.

Home Repairs

Before undertaking repairs, make sure the tradesperson is licensed for the job that needs doing. You can check a tradesperson's licence on the Fair Trading website. Carefully read contracts before signing them and make sure you understand any terms and conditions.

Warning - travelling conmen

Beware of travelling conmen and unlicensed traders, who target disaster-affected areas, offering cheap, cash-only repairs to roofs, driveways and damaged trees.

If you take up such offers, you run the risk of:

- substandard work
- being left out of pocket if the trader disappears before finishing the job
- being unable to contact the trader once they have been paid, and
- paying more to have a legitimate tradesperson repair shoddy work.

Before you employ a tradesperson:

- check your insurance policy and find out if you are covered
- ask around for suitable tradespeople and get quotes
- Ask for a tradesperson's full name and licence number and check they are licensed to do the work
- do not pay in full up front
- be wary of door-to-door offers - get proof that the tradesperson is offering the deal legally and appropriately
- check with your local council if a building permit or other approval is needed.

Renting your home

Landlords and tenants have rights and responsibilities if their rental property has been affected by a natural disaster, including arranging for urgent repairs, cleaning or clearing any debris caused by a disaster and arranging for utilities to be restored if they were cut-off due to damage to the property. More information on natural disasters in a tenancy is available on the Fair Trading website.

Rented caravan damaged or uninhabitable

You can terminate your agreement immediately and go elsewhere. You need to notify the Park Manager. You need to give a notice of termination in writing.

Furniture or personal belongings damaged

You need to contact your own insurance company about your contents insurance policy. If you need disaster assistance, visit the Emergency New South Wales website at www.emergency.nsw.gov.au

Car damaged

Contact your own insurance company to have the damage assessed. If the damage can be repaired, make sure you go to a licensed motor vehicle repairer.

Credit, debt and insurance problems

Contact your financial institution or insurer in the first instance. If you are unable to resolve the issue, call the Credit and Debt Hotline on 1800 007 007.

code_space
SUMMER SCHOOL

VR Security

Arduino

001011
11011

FREE!

6th to 10th January at UNSW

Apply Now!



bit.ly/ccss2020

www.fairtrading.nsw.gov.au Enquiries: 13 32 20

Language assistance: 13 14 50 (ask for an interpreter in your language)
Indigenous: 1800 500 330 TTY: 1300 723 404 for hearing impaired

NORTHERN NSW FIRES | 15 November

Community Recovery Information #1

This newsletter contains recovery information for people recently impacted by bush fires in NSW.

Health and wellbeing

Looking after yourself and others

Bush fires can be distressing and you might feel things like sadness, frustration, anxiety or have trouble sleeping or remembering things. This is a normal reaction to an abnormal event and is not a sign of weakness.

Having someone to listen and support you at times like this is important.

Some tips on managing your recovery include:

- spend time with family and friends
- try to get back into a routine
- continue a healthy lifestyle (eating, sleeping, exercise)
- take time out but don't isolate yourself
- express your feelings in your own time and way
- accept help when it is offered
- limit the amount of media coverage you are exposed to
- don't expect to have all the answers
- understand you are not alone in your experience.

Keep checking in with your friends and neighbours and looking out for each other.

Free face-to-face support

Free face-to-face or telephone counselling services with a mental health practitioner, such as a psychologist or mental health social worker, to provide people with strategies and techniques to manage mental health.

- **Hunter/New England – Healthwise**
1800 931 540
- **North Coast - Connect to Wellbeing**
1300 160 339

Free telephone support

The following are free services available 24 hours a day, seven days a week:

Mental Health Line	1800 011 511
Lifeline	13 11 14
Mensline	1300 789 978
Kids Helpline	1800 55 1800
Beyond Blue	1300 22 4636

If you or someone you know is in immediate danger always call 000.

Are you insured?

If you are insured you should talk to your insurance company as soon as possible about how to make a claim. If you have clearance, you can start cleaning up immediately - but first take pictures or video of any damage to your property and possessions as evidence for your claim. The Insurance Council of Australia can be contacted with any questions, complaints or concerns about your insurance on

1800 734 621.

Support for Individuals

Disaster Relief Grants

If you are not insured and have limited income, you may be eligible for a disaster relief grant. Please call Disaster Welfare on 1800 018 444.

Grants are available for eligible individuals and families whose homes and essential household contents have been damaged or destroyed by a natural disaster.