

Newsletter

SOUTH GRAFTON HIGH SCHOOL

Term 4, Week 6/7, 2019

From the Principal's Desk

Schools Spectacular

It was my great privilege to once again attend a performance of the 2019 Schools Spectacular last Friday evening and I have to say that it was amazing. There were so many things happening on the stage that I didn't know where to look first. The students who performed were outstanding and the dancers were choreographed to perfection. Our Aboriginal dancers were great, performing their routines with grace and style. It certainly was a sight to behold.

An event such as this requires a phenomenal amount of planning, preparation and commitment from everyone involved. I would like to thank the staff for their work in preparing the dancers and traveling to Sydney with them and the students for their determination to perform a perfect routine.

End of the Year

As we draw closer to the end of the year, there is a temptation for some students to take an early holiday and this has a significant negative impact on their learning. The next two weeks of school will operate as usual for all students. Normal lessons will continue as teachers begin to prepare their classes for next year. In the final week of school, Monday 16th and Tuesday 17th December a range of activities have been organised for students. These two days are an opportunity for students to try something new, mix with students in different year levels and socialise with peers they may not see during the holidays. If your son or daughter has not yet chosen their activities, please ask them to see Mr Blundell.

Reports

The process of preparing written reports for our students is well underway. The report your child will receive this term is a reflection of the progress they have made towards achieving the outcomes of each course they participated in during Semester 2.

Awards Assembly

The annual Awards Assembly will be held on Tuesday 10th December, commencing at 10:00am. This is the whole school community's opportunity to recognise our students' achievements across a wide range of criteria. All awards, including academic prizes are based on our students' performance across the whole year. Their Semester 1 and 2 results are combined to give an overall total.

Schools Spectacular

Our Aboriginal Dance Ensemble performed last week at the 2019 Schools Spectacular at Qudos Bank Arena, Olympic Park. They participated in weeks of rehearsals leading up to the performances via video link and last week the students travelled down to Sydney and rehearsed with the Bangarra Dance Company at ANZ Stadium. We also had two talented students amongst the group, Damon Kirby and Jamal Laurie, that are part of the State Aboriginal Dance Company and were featured performers in the Aboriginal Dance Ensemble's performance. The students have reported back that they are exhausted, and had the best time ever. Schools Spectacular will be broadcast on Channel 7 on Saturday 7th December.



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e sthgraffton-h.school@det.nsw.edu.au
p 02 6642 1466 f 02 6643 2027
m 0404 260 328
www.sthgraffton-h.schools.nsw.gov.au



Diary Dates

Monday 2 December

- P&C Meeting in the Library at 5.30pm
- SGHS Equestrian Team Afternoon Tea Presentation 2.30 pm - 3.00 pm

Tuesday 3 December

- Yr 7 Tec CO2 Dragster Challenge
- Yr 6 Orientation Day
- Yr 11 Art Excursion to Kade Valja Flow Space Gallery

Wednesday 4 December

- Yr 7 Tec CO2 Dragster Challenge

Monday 9 December

- SGHS Presentation Day Rehearsals

Tuesday 10 December

- SGHS Presentation Day
- Yrs 7 to 10 School Reports handed out

Wednesday 11 December

- STAR Presentation & Celebration
- Principal's Tea Party

Friday 13 December

- Rewards Day, Yrs 7 - 11

Monday 16 December

- Year End Activities

Tuesday 17 December

- Year End Activities

Wednesday 18 December

- Last day of school for students

Food Technology



Food Technology class showing off their gingerbread cookies



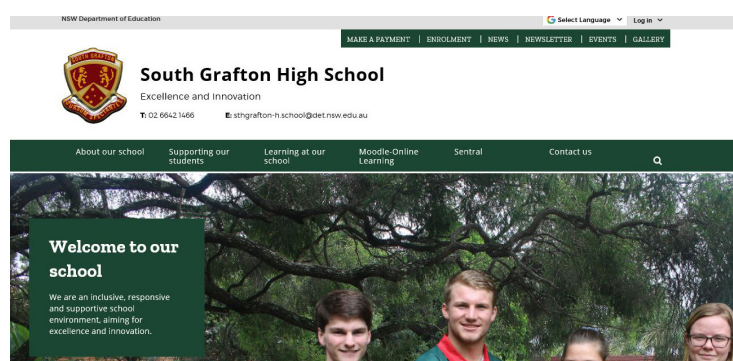
2020 HSC

YEAR 12 STUDENTS WITH SPECIAL NEEDS OR DISABILITIES

The process has begun for students with special needs or disabilities to apply for special provisions during the 2020 HSC exams eg. reader/writer, rest breaks, small group supervision, food/drink required for medical reasons, etc. If there are any Year 12 students who wish to apply for Disability Provisions for the HSC, please contact Ms Kinny, Ms McPherson or Ms Owens (Learning and Support Teachers) in the Library. In order to qualify, assessments and/or medical evidence are needed as well as marked assessment tasks and teacher comments. The school must submit all the required evidence to NESA by the end of Term 1 2020. After that time, other applications may be submitted as issues arise.

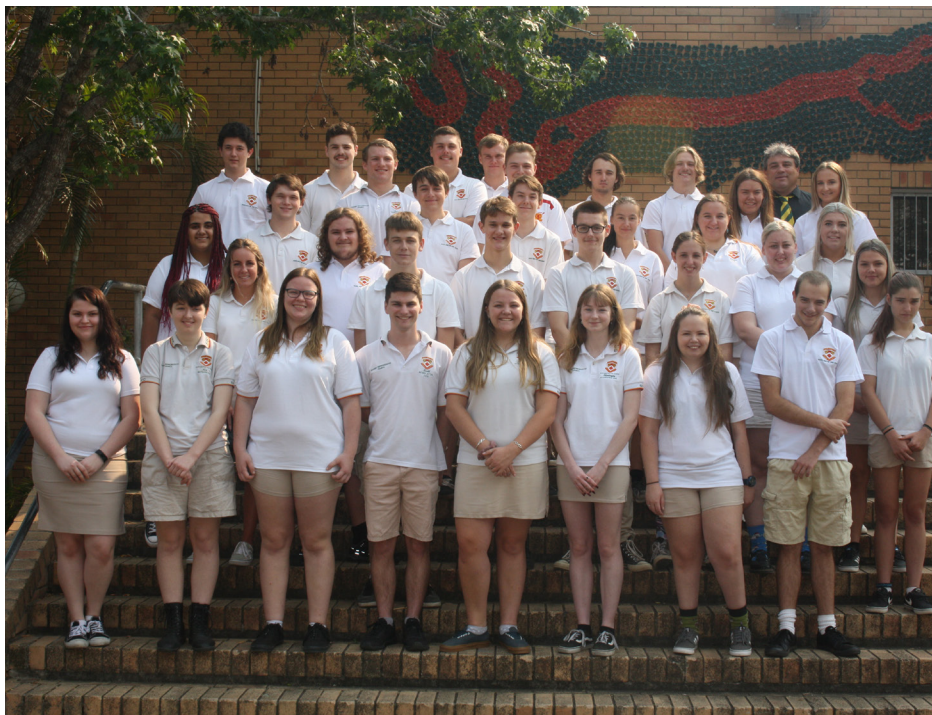
Fees

Have you paid your school fees? SGHS would appreciate payments at your earliest convenience. The office accepts cash, eftpos and direct deposit. Direct deposit payments may be made via the school's website by clicking on the link on the top of the home page.



Year 12 Graduation Events

On Friday 15 November, SGHS farewelled the class of 2019. The events started with the Graduation assembly, which showcased the students achievements and acknowledged the efforts of the year group with the presentation of their portfolios. This was followed by the Formal held at the Clarence River Jockey Club that evening. The students looked amazing and so did the venue. Well done to Year 12 Adviser, Mr McKee and to the class of 2019. Looking forward to seeing you all at the ATAR BBQ on the 17th December to celebrate the HSC results.



tMHFA

Teen Mental Health First Aid (tMHFA) Course

Over the last couple of weeks our Year 11 students completed the tMHFA training with our Student Support Officer, Sarah Blackman. tMHFA teaches students how to provide mental health first aid to their friends. The course was developed in response to research that indicates that young people prefer to share problems with their friends rather than adults or mental health professionals. The training contributes to the mandatory 25 hour Life Ready program for our senior students.



Aboriginal Girls Program

Aunty Wendy and the girls art group have been working on an Aboriginal art mural at the New School of Arts. They have spent 2 hours each week throughout term 3 and a couple of days this term painting. The mural contains an array of water and land animals to cater for the preschool children. Well done girls, it looks amazing.



Yr9 Mental Health Day

Last Monday our local Headspace provided Mindblank performances for Year 9 students as part of their 'one stop shop' model. This included an interactive drama performance to address a variety of issues around mental health and drug and alcohol education. The students also participated in a variety of local community service workshops including presentations from Headspace, Solid Mob, Social Futures, NSOA youth workers and the Clarence Valley Council. Also, a photo booth was provided by AMP Employment Services. This whole program was very successful with engaging the students, addressing many issues around health and creating awareness of the services available in our community.



SRC Fundraiser for the Rural Fire Service

South Grafton High School joined with around 15 schools throughout the Clarence Valley to raise money for local Rural Fire Service units. Over 3700 students in the Valley took part in mufti days, crazy sock days and/or crazy hair day.

Together the schools raised \$7000 which will be distributed in the near future.



Food Technology

Year 9/10 Food Technology catering for a children's party



U/14 Girls Cricket

The SGHS girls U/14 cricket team fell 16 runs short of Grafton High School's total. Grafton High won the toss and elected to bat. South had four wickets for 110 runs after 20 overs. The bowlers for South, Hannah Blundell one wicket for 20 runs, Isabella Paterson, one wicket for 21 runs, Logan Pitkin, one wicket for 18 runs, Hollie fuller one wicket for 12 runs. Other bowlers were Lilly Patterson, Erin Blundell and Olivia Brown. The Grafton High team were a few players short so Gabi McKenzie offered to play for them. She didn't get to bat but she caught two of the South batters which changed the tempo of the game. South High came close to the total. Erin Blundell hit 43 runs (8 boundaries), Hollie Fuller hit seven runs before being caught by Gabi. Olivia Brown opened with Hannah Blundell, Hannah was caught by Gabi and Olivia went onto hit 3 runs. It was a great game played well by our players not mentioned above; Rahni McGrath, Gracie Creighton, Chloe Russell, Josslyn Brown, Natasha Hogbin and Mia Torrens. A big thankyou to Teven Gallagher for umpiring.



Year 10 Art Workshop

This week Year 10 Art students were treated to a three day workshop with a local artist Kade Valja. The students refreshed a wall located on the basketball courts. They learnt how to build up backgrounds and then start with aerosol cans to cover the background areas. The finished mural will be there for all to enjoy.



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- ✓ Light Mechanical Work
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325 Armidale Road South Grafton
P 02 6642 3366 E smashmail@bigpond.com

**SUPPORTING
THE LOCAL
COMMUNITY**

Valley
**SIGNS
AND PRINTING**

**37 Bent St. South Grafton
6643 3767**

SCHOOL LEAVER EMPLOYMENT SUPPORTS

Finishing School? Looking for new experiences, skills & work?

The CHESS Connect School Leaver Employment Supports (SLES) helps Year 12 School leavers in the Coffs Harbour area who are NDIS eligible gain the skills needed to transition into employment.

- Identifying Key Skills & Goals
- Building Capacity & Life Skills for Independence
- Job Readiness Skills
- Vocational Assessment
- Work Experience & Placement

Finishing school before year 12? Our Find a Job, Keep a Job service can help you!

Local to the Clarence Valley region

CHESS Connect

1800 899 017

www.chessconnect.org.au



Please support those businesses that support our school
If your business would like to support our school give us a call on 0266421466

Community Notice Board

csesoc @CHPCLUB

Python Game Dev Arduino

VR Security

001011
11011
011

code space

SUMMER SCHOOL

6th to 10th January at UNSW

FREE!

Apply Now!



bit.ly/ccss2020

CLARENCE VALLEY CONSERVATORIUM

SONGWRITING ESSENTIALS

WORKSHOP

23 & 30 NOVEMBER 2019

10:00am-4:00pm

The Clarence Valley Conservatorium is excited to present Songwriting Essentials facilitated by Luke Gough (Guitar/ drum/ production/ composition) and Wesley Chegwidan (Vocals/ percussion/ composition)



NSW GOVERNMENT

BOOK NOW

Workshop cost is \$50
Registration Forms available from
our office at 8 Villiers Street or at
www.cvcon.com.au



Replacement of rural domestic water used for firefighting / clean-up and refilling of residential potable water systems contaminated by fire retardant

To be eligible for this assistance, the applicant must be able to demonstrate that one or both of the following events occurred at their residential property during firefighting operations associated with the Northern NSW bushfires (AGRN 871) from 31 August 2019 onwards:

- One or more firefighting agencies took water from the residential property that was intended for human consumption.
- Fire retardant chemicals were dropped and sprayed over the property by a firefighting agency and it is likely that these chemicals have entered, or are at risk of entering, the residential potable water systems of the property.

Completed forms should be sent via email to disasterwelfare@justice.nsw.gov.au or by post to Disaster Welfare Services at GPO Box 5434, Sydney, NSW, 2001

Applicant details and CURRENT address		
Surname	Given Name	
Street		
Town/Suburb		Post code
Phone/Mobile	Email	
Local Govt. Area		
Details of water taken/ required		
Address of affected property	Quantity of water taken/required (litres)	Date/s water taken for firefighting/retardant dropped
Details of Loss		
Please indicate the manner in which firefighting operations impacted upon the domestic water supply		
<input type="checkbox"/> One or more firefighting agencies took water from the residential property that was intended for human consumption		
<input type="checkbox"/> Fire retardant chemicals were dropped or sprayed over the property by a firefighting agency		
Insurance details		
Are the damaged premises insured?	Yes / No	If yes, does your insurance policy cover this type of loss?
		Yes / No
Evidence Details		
An applicant for this assistance may use ONE or more of the following types of evidence to demonstrate that this event occurred. Please indicate which type of evidence you intend to rely on.		
<input type="checkbox"/> Written confirmation from the firefighting agency	<input type="checkbox"/> Attached	
<input type="checkbox"/> Photographic evidence	<input type="checkbox"/> Attached	

FORM - Replacement of potable water - FINAL

Page 1 of 2

☐ Other evidence ☐ Attached

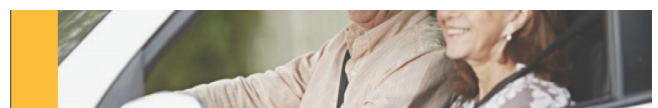
DISASTER RELIEF APPLICATION DECLARATION

I, (Name of applicant) _____

Or (Address) _____

- make this application, and undertake to answer any inquiry by any officer in relation to the application,
- have not, as far as I am aware, omitted any information that would have a bearing on the consideration of my application, and I acknowledge that I may be required to provide evidence of statements made in this application,
- declare that the Statements set out in this application are true and correct in every particular,
- give my permission for such information I might provide or be collected in support of my application to be released to other agencies (eg Department of Family & Community Services) to assist in the provision of further assistance to me.

Signature of applicant _____ Date / /



On the road 65Plus

Staying **independent** and safe

GRAFTON

Tuesday 29th November @ 10.00am

Grafton Greyhound Track
Ground Floor, Cranworth St, Grafton

Road Safety for Older Road Users - **Free Workshops**

Offering advice & safety tips to help older road users make safer choices. **Topics include**

- Safer driving habits
- Pedestrian safety
- Driver licensing at 75/85 years
- Mobility scooters
- How health changes can affect our abilities as road users

For enquiries, or to register your attendance

Email: roadsafety@joblinkplus.com.au or call 02 6764 6688



YOUTH FOR UNDERSTANDING
Student Exchange Programs

BECOME A HOST FAMILY

Give your family a global perspective
without leaving home.

To find out more about
hosting an international
exchange student visit
yfu.com.au/about-hosting

NEW STUDENTS ARRIVING SOON

**open
minds
and hearts**

Find us on
Facebook



B screened

The mobile van is
screening in **GRAFTON**

Pound Street (near Market Square)

September until mid-December
2019



Call 13 20 50 to book
your **free** screening
mammogram.

13 20 50
20 minutes every 2 years
could save your life

For women aged 50-74 years
breastscreen.nsw.gov.au

BE AMBITIOUS

EVER THOUGHT OF A CAREER IN ELECTROTECHNOLOGY?

Are you keen to undertake a 5 week course, 3 days per week with the view to applying for a full time Apprenticeship at the end?

COURSE SNAPSHOT

Location: TAFE NSW, Grafton Campus, 7 Clarence Street, Grafton NSW 2460

Course: Statement of Attainment for CPR, White Card and 3 trade units that can be credit transferred towards either the UEE30811 and/or UEE32211 qualification.

Cost: Fully Government Subsidised Student training programs

Delivery: Commencing Monday 4th November until Wednesday 4th December for 3 days per week over five weeks.
Delivery of Career Pathway Skills at TAFE NSW Grafton Campus Monday 8:30 to 3:30pm
Delivery of Electrotechnology units at TAFE NSW Grafton Campus Tuesday and Wednesday 8:00 to 4:00pm.

COURSE DESCRIPTION:

You will undertake nationally accredited units of competency

- Apply Occupational Health and Safety regulations, codes and practices in the workplace
- Fabricate, assemble and dismantle utilities industry components
- Prepare to work safely in the construction industry
- Provide cardiopulmonary resuscitation
- Solve problems in ELV single path circuits

You will be equipped with:

- A White Card (also known as a General Construction Induction Card - mandatory in Australia to work on a construction site)

You will understand

- Workplace expectations in the commercial construction sector

You will know how to

- Communicate, behave and work safely and effectively on a construction site And be ready to Apply for a full time position in Electrotechnology as an apprentice

Places in this course are limited.

REGISTER YOUR INTEREST
For more information

Phone: (02) 66 204761
Website: tafensw.edu.au

CONTACT US TODAY!

TAFE NSW

RTO 90003. This document is correct at the time of printing: February 2017.
*Terms and conditions may apply.

f i n d u s @



WEP STUDENT EXCHANGE

**TXT 'EXCHANGE' TO
0428 246 633
FOR A FREE INFO PACK!**

AT A GLANCE:

- Choose from over 25 countries
- Attend school overseas
- Live with a local host family
- Learn about yourself and the world around you
- Make international friendships
- Learn a language
- Make memories to last a lifetime!

"THIS HAS BEEN THE MOST AMAZING ADVENTURE, THERE ARE NO WORDS!" CAITLIN, CANADA

WEP.ORG.AU INFO@WEP.ORG.AU 1300 884 733

NORTHERN NSW FIRES | 15 November

Community Recovery Information #1

This newsletter contains recovery information for people recently impacted by bush fires in NSW.

Health and wellbeing

Looking after yourself and others

Bush fires can be distressing and you might feel things like sadness, frustration, anxiety or have trouble sleeping or remembering things. This is a normal reaction to an abnormal event and is not a sign of weakness.

Having someone to listen and support you at times like this is important.

Some tips on managing your recovery include:

- spend time with family and friends
- try to get back into a routine
- continue a healthy lifestyle (eating, sleeping, exercise)
- take time out but don't isolate yourself
- express your feelings in your own time and way
- accept help when it is offered
- limit the amount of media coverage you are exposed to
- don't expect to have all the answers
- understand you are not alone in your experience.

Keep checking in with your friends and neighbours and looking out for each other.

Free face-to-face support

Free face-to-face or telephone counselling services with a mental health practitioner, such as a psychologist or mental health social worker, to provide people with strategies and techniques to manage mental health.

- **Hunter/New England – Healthwise**
1800 931 540
- **North Coast - Connect to Wellbeing**
1300 160 339

Free telephone support

The following are free services available 24 hours a day, seven days a week:

Mental Health Line	1800 011 511
Lifeline	13 11 14
Mensline	1300 789 978
Kids Helpline	1800 55 1800
Beyond Blue	1300 22 4636

If you or someone you know is in immediate danger always call 000.

Are you insured?

If you are insured you should talk to your insurance company as soon as possible about how to make a claim. If you have clearance, you can start cleaning up immediately - but first take pictures or video of any damage to your property and possessions as evidence for your claim. The Insurance Council of Australia can be contacted with any questions, complaints or concerns about your insurance on

1800 734 621.

Support for Individuals

Disaster Relief Grants

If you are not insured and have limited income, you may be eligible for a disaster relief grant. Please call Disaster Welfare on 1800 018 444.

Grants are available for eligible individuals and families whose homes and essential household contents have been damaged or destroyed by a natural disaster.