

Newsletter

SOUTH GRAFTON HIGH SCHOOL

Term 1, Week 1 , 2020

From the Principal's Desk

Welcome to a Decade

The end of 2019 was a very difficult time for many families and communities in our area and I am mindful that just because the fires have died down, it doesn't mean that the ordeal is over. Please do not hesitate to contact us if you need help.

The beginning of the new school year has been incredibly busy, especially with new enrolments and I would like to extend a very warm welcome to all of the families joining us this year. I hope that your association with SGHS will be a long and productive one. I would also like to welcome back our returning families and thank them for their continuing support.

Swimming Carnival

The swimming carnival is next Tuesday, 4th February and if it is anything like last year's carnival, it will be amazing. There will be a wide range of competitive and non-competitive events as well as access to the waterslide. All of the students I spoke to last year told me that they had a great day.

Welcome BBQ

On Monday 10th February, we will be having a welcome BBQ for all students and their families. This will be a great opportunity for our students to introduce their families to their teachers and enjoy a free sausage sandwich. There will also be some luck door prizes for student at the end of the evening.

School Photos

School photos are scheduled for Wednesday 12th February. Classes will be called up at various times during the day to be photographed. Students are to wear their full school uniform, not their sports uniform on the day. Please contact the school if you require assistance to purchase uniform items. Students wishing to have sibling photos taken may collect an envelope from the front office.

Dux of SGHS 2019

Scott Rose has been named Dux for the graduating class of 2019. Scott's dedication to his studies has seen him achieve an outstanding ATAR of 94.35. Due to Scott's academic excellence he has been awarded the Southern Cross University Chancellor Scholarship. He has chosen to study Computer Science at the University of QLD.

Just as impressive was the mark awarded to Thea Shillam. Thea achieved an ATAR of 94.05, again earning her a scholarship at the Australian National University in Canberra where Thea will be studying Languages.

We wish our graduating class of 2019 all the best in their future endeavours.



Diary Dates



Tuesday 4 February

- Swimming Carnival
- Canteen Closed

Thursday 6 February

- YAM (Youth Aware of Mental Health) session 1

Monday 10 February

- Welcome BBQ for all parents

Wednesday 12 February

- School Photos

Thursday 13 February

- YAM, session 2

Tuesday 18 February

- University Roadshow Yr 12 SGHS hall

Thursday 20 February

- YAM, session 3

Friday 21 February

- Catch up photos



Swimming Carnival

SGHS swimming carnival is on Tuesday 4 February at the Grafton Pool. Buses will depart SGHS from 8.30 am - 9.00 am. Students to pay \$2.50 for the bus and \$4.00 upon entry to the pool. Please note that the canteen will be closed on this day.



2020 House Captains

Alpha - Matthew Barker & Kyra Backwell-Geerin
Vice: Dane Collis, and Charlotte Cooper

Beta - Jacob Hearfield, Leah Henderson
Vice: Harley Johnson and Jess Fuller

Gamma - Jamal Laurie and Amy Polidano
Vice: Allan O'Sullivan and Tyleah Larcombe

Delta - Isaiah Thornton and Mia Trevillian
Vice: Lachlan Wilcox and Jaylah Wyatt

Healthy Breakfast

The SGHS Bendigo Bank Healthy Breakfast Program will start back on Monday 3rd February in the school hall starting at 8.00 am. The program runs every morning and is available for free to all students. This is one of the most important wellbeing programs that we provide to students.

Studies show that eating a healthy breakfast:

- can help you manage your weight
- can help you meet your daily nutrition needs
- can help with concentration
- can boost your metabolism.

 Bendigo Bank

Good for
AND your
community

Youth Aware of Mental Health

The Department of Education is working with the Black Dog Institute to run a school-based peer support and mental health literacy program called Youth Aware of Mental Health (YAM). YAM is a program aimed at addressing the mental health needs of young people. YAM involves discussion and role play. It aims to get young people involved and talking about mental health. By doing this young people will learn problem solving skills and gain knowledge about mental health. This is a free program for all Year 10 students that is run by qualified YAM instructors.

YAM will be delivered in Term 1 2020 on Thursday 6 February, Thursday 13 February & Thursday 20 February. Year 10 students were given a YAM flyer and permission note on Thursday to take home to their parents and/or caregivers. There is no need to return the form unless you DO NOT want your child to participate in the program.

If you wish to discuss or gain further information about the YAM program please contact Sarah Dewberry (Head Teacher Welfare) or Sarah Blackman (Student Support Officer) at the school or visit <http://www.y-a-m.org/>

2020 HSC

Year 12 students with special needs or disabilities. The process has already begun for students with special needs or disabilities to apply for special requirements during the 2020 HSC exams eg. Reader/Writer, Rest Breaks, Small Group Supervision, Food/Drink required for medical reasons, etc. If there are any Year 12 students who wish to apply for Disability Provisions for the HSC, please contact Ms Kinny, Ms McPherson or Mr Martin (Learning and Support Teachers) in the Library. In order to qualify, assessments and/or medical evidence are needed as well as marked assessment tasks and teacher comments. The School must submit all the required evidence to NESAs by the end of Term 1 2020. After that time, other applications may be submitted as issues arise.

HSC Marine Studies

The HSC Marine Studies class were busy last term making fishing lures for their first assessment task. They had to design a lure targeting a particular fish species, researching the specifications, colours and patterns appropriate for their design. Students had to carve the lures from balsa wood, adding sinkers, bibs, and hooks, then finally painting. Mr Blundell challenged them with the incentive of Best Lure Maker receiving a \$20 BCF voucher. A judging panel of Mr Blundell, Mr Barnier, Ms Ryan and Ms Wood determined the top 4 lures, which were then taken to BCF for final judging. The staff at BCF kindly donated prizes for 2nd and 3rd - a hat and lure pack. The winners were: 1st Mykaila, 2nd Brooke and 3rd Lilly. Congratulations to the winners and everyone else in the class on their excellent efforts on this task. A huge thanks also goes to BCF for their expertise and donated prizes.



No Parking Zone

Please be mindful that the area in front of the hall is a bus zone between 8.00 - 9.00 am and 3.00 - 4.00 pm on school days.

Council staff have been patrolling this area of late and a number of parents have incurred a \$344 fine. Please also note that the area between the bus zone and the front of the school is a no standing area and could also incur a fine.



Businesses We Love!

**NO LOCK-IN
CONTRACTS
EVER!**

jetts
24 hour fitness

*Terms and conditions apply and are available at jetts.com.au

 **Bendigo Bank**

Good for **U**
AND your
community

BUNNINGS
warehouse

**FIVE MILE
SMASH REPAIRS**



- ✓ Spray Painting
- ✓ Paintless Dent Removal
- ✓ Plastic Welding
- ✓ Light Mechanical Work
- ✓ Courtesy Car (conditions apply)

325 Armidale Road South Grafton
P 02 6642 3366 E smashmail@bigpond.com

**SUPPORTING
THE LOCAL
COMMUNITY**

Valley
**SIGNS
AND PRINTING**

**37 Bent St. South Grafton
6643 3767**

SCHOOL LEAVER EMPLOYMENT SUPPORTS

Finishing School? Looking for new experiences, skills & work?

The CHESS Connect School Leaver Employment Supports (SLES) helps Year 12 School leavers in the Coffs Harbour area who are NDIS eligible gain the skills needed to transition into employment.

- Identifying Key Skills & Goals
- Building Capacity & Life Skills for Independence
- Job Readiness Skills
- Vocational Assessment
- Work Experience & Placement

Finishing school before year 12? Our Find a Job, Keep a Job service can help you!

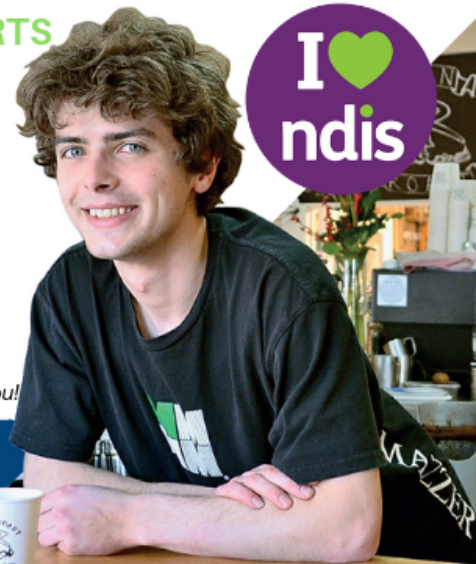
Local to the Clarence Valley region

CHESS Connect

1800 899 017

www.chessconnect.org.au

 **CHESS
CONNECT**



Please support those businesses that support our school
If your business would like to support our school give us a call on 0266421466

Community Notice Board



WE ARE
CURRENTLY
TAKING
REGISTRATIONS

Juniors
Senior
Mens
Senior
Womens

Register to play at
www.playfootball.com.au

Email:

graftonunited@gmail.com

Facebook:
Grafton United Football Club
Supporters Page

2020 Fees
Turning 18 years or less \$270
Turning 19 years or older \$370
Registered Provider for Active
Kids Voucher

Student Exchange Australia New Zealand

Free live online information session for students and families. Hear from our very experienced, Senior staff, find out more about discounts and scholarships available and ask questions.

Thursday, 30th January at 5.30pm (AEDT) / 7.30pm (NZT)

Register now

Visit [studentexchange.org.nz]www.studentexchange.org.nz

or call 0800 440 079 for more information

Artfully Yours Art Lessons

Lessons for the year start
28th January 2020

Adult Classes: Beginners Welcome
Both groups and individual classes available
Lessons: Tuesday, Wednesday, Thursday
6.00pm to 7.30pm **Bookings essential**
At: Grafton Art Club 365 Dobie St Grafton
All Lesson Costs include a \$3.00 hall fee
Lesson Cost: \$23.00 per Lesson min.10 lessons
Casual Lesson Cost: \$28.00 Per Lesson
Contact: Deborah McLennan 0409 321 226
Email: artfullyyoursdeborah@gmail.com
Website: www.artfullyyours.com.au

Quality Teaching Award (2001)
Over 30 years teaching experience.
Inaugural recipient of 2015 Operation Art Outstanding
Teaching and Student Achievement Award



Learn to see the world with artist eyes and find joy through creativity

Artfully Yours Art Lessons

Lessons for the year start
28th January 2020

Youth Classes: Mixed ages from 9 to 18
Both groups and individual classes available
Lessons: Tuesday, Wednesday, Thursday
3.45pm to 5.15pm **Bookings essential**
At: Grafton Art Club 365 Dobie St Grafton
All Lesson Costs include \$2.00 hall fee
Cost: \$17.00 per lesson - minimum 10 lessons
Casual Lesson Cost: \$22.00 per lesson
Contact: Deborah McLennan 0409 321 226
Email: artfullyyoursdeborah@gmail.com
Website: www.artfullyyours.com.au

Quality Teaching Award (2001)
Over 30 years teaching experience.
Inaugural recipient of 2015 Operation Art Outstanding



Learn to see the world with artist eyes and find joy through creativity



Play netball in 2020!

Grafton Netball Association would love to see you at one of our sign-on days:

February 29 & March 7 12pm-2pm Bacon St netball courts

Alternatively, for 7yrs + please contact one of our clubs:

Northside Netball Club Michelle 0467336194 Mboorman83@gmail.com	City Netball Club Carlie 0439403038 c.jbullen@gmail.com
S&S Netball Club Rhee 0419981511 rhee_1996@hotmail.com	Grafton Rhinos Netball Club Sandra 0407493376 sjhastings7@yahoo.com.au

For 4-7 yrs we have the Net Program.
'Come and Try' days: March 21 & 28 - 12:30pm
Register online through www.graftonna.nsw.netball.com.au.
For further information contact Brooke 0437426070 or grafton.netball@bigpond.com

Active Kids Sports voucher accepted by all clubs and for the Net program.

South Grafton Rebels Junior Rugby League





We welcome all new and current players to attend our upcoming

Registration Days

Tuesday 4th, 11th and 18th of Feb, from 4pm-5pm @ J.J Lawrence Fields. We are happy to assist with registration for all players.
You can also register online at <https://www.playrugbyleague.com/register>

Mixed Tackle: Please apply for the active kids voucher before registering.

- Mini & Mods (6 -12) - \$100

Male Tackle:

- Internationals (13 - 16) - \$100

Female League tag:

- Internationals (13 - 16) - \$100

No experience needed. No weekly fees.

For more information "Like us" on Facebook @SGRJRL
Or contact Registrar Jaimee Livermore ph. 0487081980
Email: liv80@live.com.au Secretary Erin Gallagher ph. 0477845736





A Technology Club for kids with high functioning autism and Asperger's who enjoy working with computers.

Two-hour sessions each Saturday, mentored by I.T. Professionals.

For ages 9 to 16

The Lab, Grafton NSW.
E: grafton@thelab.org.au
W: <http://thelab.org.au>
P: 0419 610 917