

Newsletter

SOUTH GRAFTON HIGH SCHOOL



Term 1, Issue 5, 2025

From the Principal's Desk

This term we commenced with our Anzac assembly on day one and I was proud to be part of this occasion where our school paid their respects to those who fought for our country. I would like to commend our school captains for the way that they chaired the assembly and the way that our students conducted themselves throughout. I would also like to acknowledge the students who represented us at the various Anzac services within the community on Anzac Day.

It has certainly been a damp start to term two with several sporting events cancelled or postponed including our Cross Country Carnival. Hopefully, the weather is a little kinder over the coming weeks and we can see not only our school sport back to normal, but our ovals dry enough for the touch football games that take place every break. Congratulations to Andrea Thomson who has been selected to represent the NSW Combined High Schools swimming team at the upcoming All School championships where students from public, catholic and independent schools will compete.

As the weather begins to change it seems so does our uniform for many students. At the beginning of the year, our uniform was outstanding, and it has been disappointing to see those standards drop at the beginning of this term. If any students require assistance with uniforms, I have asked that they see their Year Adviser who will be able to help. If you are unsure as to what constitutes an approved uniform, please check the requirements printed in this newsletter.

In the past week we were officially handed the keys to our new Stars room which accommodates the Stars Foundation program run by Lisa Laurie, Shez Rediger and Carmel Walker. The room provides a great space for the girls who are part of the program, and I know that they are incredibly happy to have moved into their new space. It is a fantastic asset for the school and the program is making a difference for our girls already.

Year 12 participated in a study and support session last week. Headspace provided a workshop supporting students with coping strategies around what they can do to help themselves in their senior schooling years. Senior teaching and executive staff worked with small groups of students where a diary was issued to all students to assist with goal setting and time management. We know that Year 12 are approaching the final part of their schooling and hope that this may help them over the coming months.



SGHS Uniform Requirements

Junior Uniform

- Red school polo shirt with logo
- Grey school skirt (pleated or straight) with logo
- Grey school shorts with logo
- Red jumpers with school emblem
- Long grey trousers may be worn (not fleecy track pants or jeans)
- Grey school track pants with logo
- Fully enclosed sturdy shoes. Preferably black

Senior Uniform

- Green school polo shirt with logo
- Grey school skirt (pleated or straight) with logo
- Grey school shorts with logo
- Red jumpers with school emblem or senior jersey
- Long grey trousers may be worn (not fleecy track pants or jeans)
- Grey school track pants with logo
- Fully enclosed sturdy shoes. Preferably black

If you do not have a uniform for a day, you will be expected to report to the library before school. A replacement uniform will be provided for you.

Sports Uniform

- School sports polo shirt
- School sports shorts (short or long style)

Formal Uniform

(For formal & special occasions)

- Grey long trousers or grey school shorts with logo
- Grey school skirt or slacks
- School Blazer (to be provided by the school)
- White buttoned shirt (not a polo shirt)
- School tie
- White socks
- Black leather-covered shoes with laces

Uniform Prices - as of November 2024

School polo shirts (Junior and Senior) **\$30.00**; School shorts/skirts **\$25.00**; Red school hoodie (with Emblem) **\$32.00**; Sports shirt **\$30.00**; Sports shorts (Short or Long) **\$25.00**; School hat **\$15.00**; School tracksuit pants **\$35.00**

All uniforms are available from the SGHS library.



Do you have the new School Bytes App?



School Links

SGHS Facebook Page: [SGHS Facebook](#)

SGHS Website: [SGHS Website](#)

Congratulations to our 2025 School Captains



REMINDERS

Term 2, 2025

Please remember that payments for school sport can be made any time online via School Bytes.

Tuesday 13 May

- HSIE Excursion - Wooli Beach
- Rugby League - Girls U14
- Clontarf Seniors Emp Forum

Wednesday 14 May

- Close the Gap

Wednesday 21 May

- Clontarf Y9/10 Camp - Yamba

Saturday 24 May

- Deb Ball

Monday 16 June

- Bangarra Dance Workshop

Term 2, Weeks 4-5

- Platinum class testing at local primary schools

ATTENTION PARENTS/CAREGIVERS

Headlice has been detected in our school. Please check your child's hair and take necessary action.

Helpful Contacts

Kids Helpline Official: 1800 55 1800.

<https://kidshelpline.com.au/>

Suicide Call Back Service: 1300 659 467.

<https://www.suicidecallbackservice.org.au/>

Headspace: 1800 650 890.

<https://headspace.org.au/>

Lifeline: 13 11 14. <https://www.lifeline.org.au/>

Beyond Blue: 1300 22 4636.

<https://www.beyondblue.org.au/>

ANZAC Day Ceremony



News from PDHPE Faculty

CONGRATULATIONS

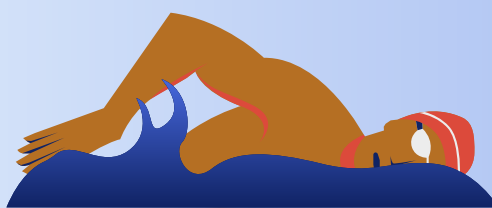
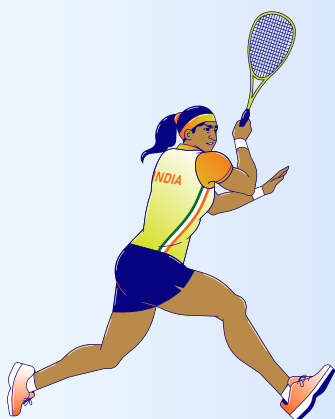
Our girl's squash team, Esther Barker, Mylie Wall, Chelsea Berry and Rachelle McLane - have successfully competed to earn North Coast Champions. This has made five consecutive years of winning the championship. Best of luck to those who have made the north coast team to play at state championships.

CONGRATULATIONS

Keanu Staader (former student and now staff member) who has made the **Australian Triathlon Team!!**

REMINDER - Students needing to leave from sport must:

1. Provide a note from their parent/carer
2. Take the note to the front office and get a sign out pass before going to sport
3. Present their sign out pass to the teacher on their sport

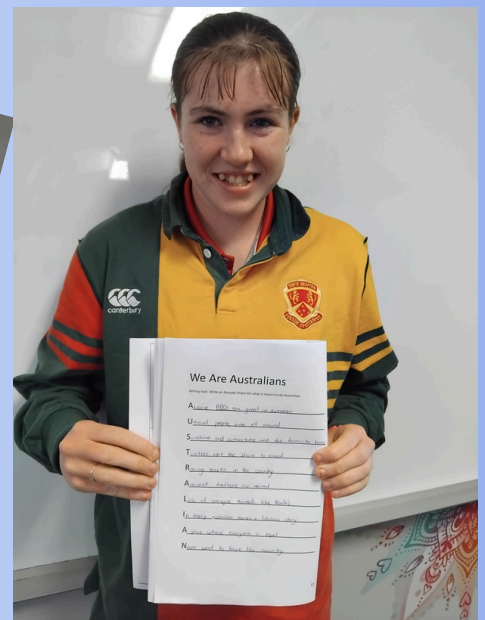
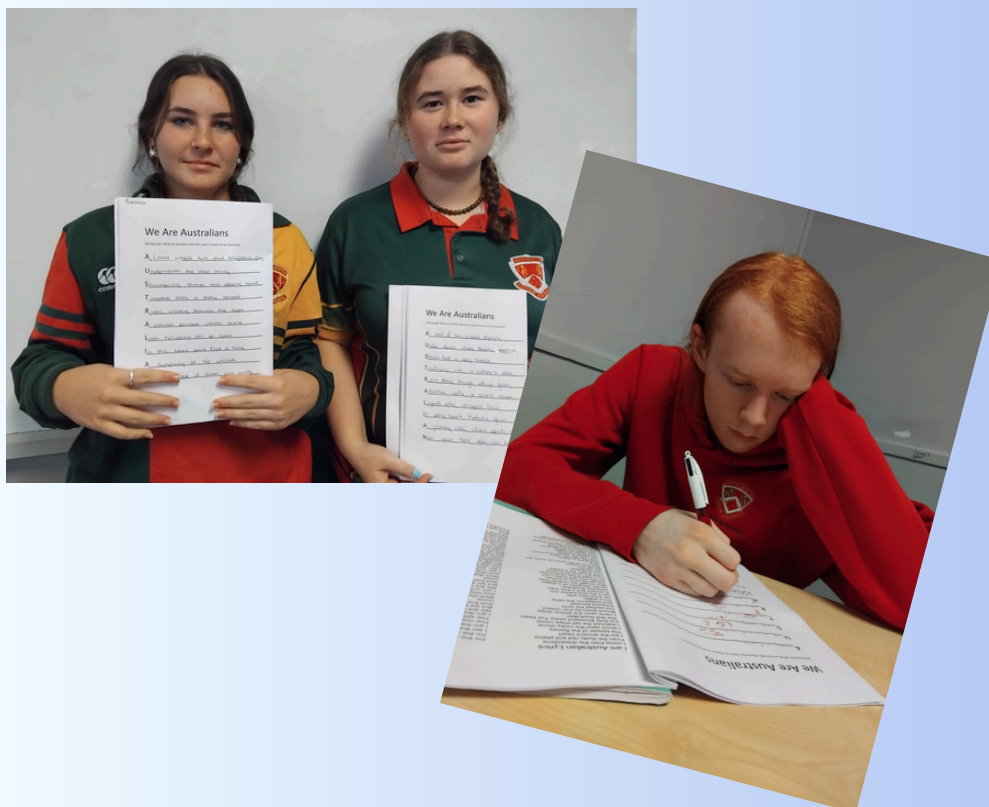
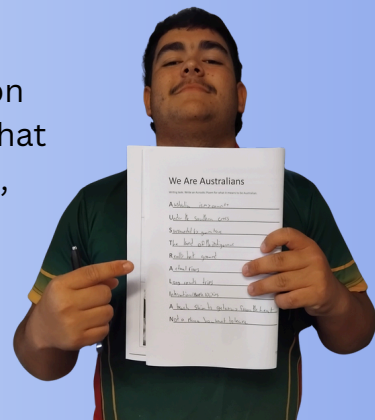


News from the English Faculty

This term in English, Year 7 students are studying a visual literacy unit called "Seeing through a Text." Today in 7 English Green, we took that topic literally and drew images within silhouette shapes. The landscape had to relate to the outer image, and these are some of the awesome works created.



This week in English Studies, Year 12 students analysed the song, "We Are Australian." Following this, students were asked to write an acrostic poem on the topic of what it means to be an Australian. Here are some samples of what they came up with. Students pictured are: Malakai Fernando, Kristen Hayes, Jayden Barker, Isabella McLennan and Sienna Farrer. Beau Hunters poem is also pictured.



Inclusion and Support

Last term we created our own lava lamps to demonstrate the different properties of liquids. Yes, it can be done in our regular classroom. Y7 MCCE8 with Ms Cecilia and Ms Ali



Congratulations

WEEK 2 ASSEMBLY AWARDS

The following students received a LION AWARD from LaST, Careers, Front Office

Year 7: Harvey Rediger

Year 8: Tabitha Simiana

Year 11: Eva Newman, James Drewett, Rachel Murdoch



Wednesday winners!

The following students received an ATTENDANCE AWARD

Year 7: Darcy Scott

Year 8: William Jones

Year 9: Billy Cain

Year 10: Phoebe Burke

Year 11: Damien Preston

Year 12: Beau Hunter



The following students received a CALM AWARD

Year 7: Macey Kelemec

Year 8: Mai Vo

Year 10: Mia Murray, Emily Robertson

Year 12: Tayla Denem



Creative Corner



Work Experience



Careers

‘Unserious Careers’ Workshop

Guest Speaker; Alana Kilmartin, Unserious Careers - SGHS

‘Unserious Careers’ author Alana Kilmartin led an engaging interactive talk with all Year 11 students in the school library on Monday 6 May. Alana shared her career pathway and experiences in her personal, school and sporting life (including unsuccessful work experience stories) with the students and encouraged them to “take risks” and “say ‘yes’ to opportunities” to be successful in life. Alana discussed the differences between school and work life with students and encouraged them to pursue careers that are led by their personal likes and dislikes in a job environment. Students were also encouraged to use their ‘Career Support Team’, including parents/carers and school Careers staff to help them with their career pathway and choices.



Alana spoke to the South Grafton High School Year 11 students as part of a Roadshow which saw her also visit Grafton High School, Coffs Harbour High School, and Woolgoolga High School to speak with Year 10, 11 & 12 students. The Roadshow was organised by our school’s Educational Pathways Program to improve educational and career outcomes for students.

**Southern Cross University**

Early Offer Information Evening

Tuesday 27 May 2025
5.00pm – 7.00pm
Coffs Harbour Campus

[Register here](#)

or visit scu.edu.au/early-offer

CRICOS Provider: 01241G | TEQSA Provider Code: PRV12043 Australian University



Ag News

Update from the farm - Our two new Alpacas Otto & Carlos have been receiving halter training by a small group of students and not one to miss out on any action, Toby the goat always comes along for the walk to help supervise. These students give up their free time to work and interact with the animals.



Maths Matters



These students are embracing a fun and engaging math dice game as a refreshing break from their intensive study. This game not only strengthens their basic number skills but also adds an exciting twist of luck with each roll of the dice, reminding them that learning can be both challenging and enjoyable.



Community News

Come try cycling in a safe and supportive environment!

WOMEN AND GIRLS SOCIAL BIKE RIDE

New to cycling? Looking for a supportive group to ride with?

Join our FREE social bike rides led by trained Auscycle Ride Leaders—a fun, safe way for women and girls to gain confidence and build skills!

WHY JOIN ?

- Ride in a fun & friendly group
- Build skills & confidence
- Meet like-minded women & girls
- Learn from trained ride leaders
- Pathways to social & competitive cycling

LOCATIONS INCLUDE:

Criterium track Junction Hill, cycle paths, quiet local roads, Bom Bom State Forest trails & more!

No one to ride with? No problem! Join our community and find your riding buddies.

LIMITED SPOTS AVAILABLE – REGISTER NOW!

📞 **Contact Us**
Susan Polsen 0422414198
Laurelea Moss 0410609488

🌐 **More Information**
<https://www.facebook.com/graftoncycleclub/>
OR <https://www.graftoncycleclub.com.au/>

Proudly Supported By:



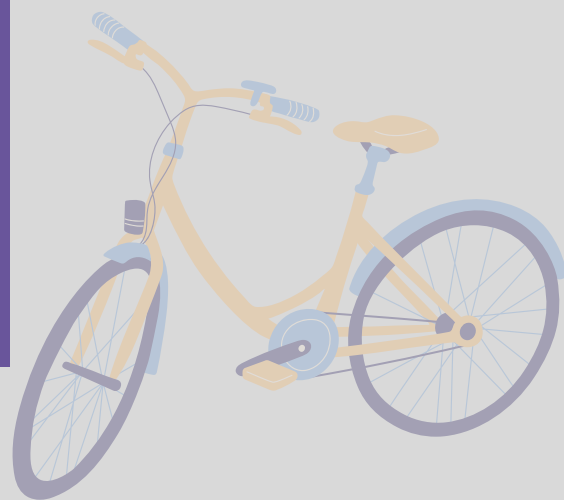
APRIL-JULY

SAFE & SCENIC ROUTES
BEGINNING WITH
OFF-ROAD

“

*You can stop
any kind of bullying
by finding a way, any way,
to say something.*


stymie
#saysomething



CLARENCE VALLEY CHILD & FAMILY NETWORK Annual Children's Spring Carnival Stall Holders Needed

4th September 2025

Save the date

Connect with hundreds of families in the community
Showcase your services and initiatives



Register your interest: Clarencevalleyfamilies@gmail.com

Transport Concession Entitlement

If you're a student aged 16 years or older and eligible for concessions, the Transport Concession Entitlement Card serves as proof of entitlement when using a Child/Youth Opal card within the Opal network or when travelling on child or concession fares in NSW. **Please contact the school office if you would like to apply for a concession card.**

INFORMATION LINKS FOR SCHOOL BUS SERVICES

1. Timetable information - busways.com.au or transportnsw.info
2. School bus travel pass - [School Student Travel Scheme](#)



STUDENT OF THE WEEK



GRAFTON
REGIONAL
GALLERY

CLASS OF 2025

THE GALLERY
FOUNDATION EMERGING
ARTIST SCHOLARSHIP

KEY DATES:
TEACHER NOMINATIONS DUE:
MONDAY 15 SEPTEMBER 2025
AWARDS PRESENTATION:
NOVEMBER 2025

\$5,000 TO A CLARENCE
VALLEY YEAR 12 STUDENT
WHO HAS STUDIED
ONE OR MORE:

- Visual arts
- Visual design
- Design & Technology
- Textile & Design
- Industrial Technology
- Photography, video
and digital imaging

For more information:
graftongallery@nsw.gov.au



the gallery foundation

Image: Cass Semm, 'Spiral' 2010. Cast aluminium sculpture commissioned by The Gallery Foundation in 2001 and part of the gallery collection.



Share your world

Become a foster carer

It's the little things that matter most – like having a safe place to call home, someone you can smile with and the right support.

You can make an extraordinary difference in the life of a young person by sharing those ordinary, everyday moments.

We are looking for compassionate individuals, couples and families to become foster carers to provide a safe and supportive home for vulnerable children and young people. We'll support you 24/7 and provide all the training you need.

If you have a spare bedroom and time to share, we'd love to hear from you. Contact us today and be the positive change in a child's life!

1300 592 227
lwb.org.au/foster-care

**LIFE
WITHOUT
BARRIERS**



MAKING MUSIC

Clarence Valley

in acknowledgement of Make Music Australia Day 2025



SOPHISTICATED BEGGARS



RYAN MARTIN



HATS OFF



SHIP OF THESEUS



PAC V






MAKING MUSIC - CLARENCE VALLEY



This year, we're turning up the volume with a **special evening showcase** at the stunning **Saraton Theatre in Grafton** — a celebration of our vibrant local music scene, happening **Saturday 21st June from 4:00pm to 9:00pm!**

Tickets are just \$10, and every dollar goes **directly to the performers and school music programs**. You'll witness an incredible lineup featuring emerging school bands and seasoned local artists who are making waves far beyond the Valley.

South Grafton High School Band, Ship of Theseus, and Pacific Valley Christian School's PAC V Band

Our next generation of musicians step into the spotlight, gaining real-world experience on a professional stage with full lighting and sound.



Going Green in Grafton

Horticultural and Land Management Skills Taster at Trenayr campus

Course description:

Plant and nature lovers will enjoy an experiential day exploring careers in Horticulture and Land Management. Participate in workshops, gain basic skills and network with potential employers from local industry.

Learning outcomes:

- Learn about production horticulture, parks and garden maintenance, landscaping and nursery operations
- Learn about ways to preserve and rehabilitate our unique natural environment
- Adhere to safe work and personal hygiene practices

Taster outcomes:

- Connections to local employers
- Potential further education and career pathways

How to get involved:

Contact Toni Bellas
Senior Project Officer, Regional Industry Education Partnerships
Careers and Pathways Programs, North Coast
0436 846 104 | toni.bellas@det.nsw.edu.au

Get hands on, learn about the industry and meet with prospective employers

Location

TAFE NSW Trenayr Campus

Time

9.45am-2.15pm

Date

Friday 16 May 2025

Personal Protective Equipment (PPE) including gloves and facemasks, morning tea and lunch will be provided.

Attendance Requirements

Students must wear sturdy, closed shoes (preferably boots), shirt with long sleeves and hats. Long pants are preferable.

Transport

Available through EPP



Who will be PBL Student of the Year 2025



Donovan Livestock & Property